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Sri Lankan Association of Manitoba: **Seniors Group Meeting Held**



Organizing a Senior Group for the Sri Lankan community in Winnipeg.

Mr. Senaka Samarasinghe President of Sri Lankan Association of Manitoba (SLAM) called the meeting to welcome the 26 Senior SLAM members present and give a brief introduction. The President informed that an Initial meeting was held At Mr. Daya Perera's house to organize a senior group for SLAM. At this meeting a committee of Mr. Bastians, Mr. Felix Mendi's, Mr. Daya Perera, Mr. Ismath and Mr. Samarasinghe was formed to look into organizing a meeting with all seniors to be held on June 23rd, 2016 at the Pembina Trail Library at 2724 Pembina Hwy., Winnipeg.

Senaka then turned the meeting over to Mr. Peter Bastians who directed the members in electing a committee for the **SLAM Seniors Group**. The following members were elected:

President - Mr. Peter Bastians
Secretary - Mr. Ismath
Treasurer - Mr. Felix Mendis
Members - Keerthi Pathirana,
Summana Dissanayake, Daya Perera

Peter requested ideas and inputs from members present on a seniors group, and the following inputs were provided by members.

- Organize trips (ie.: to a beach)
- Organize winter activities
- Find a common meeting place
- Provide Sinhala newspapers to members at a subscription
- Organize hand craft activities
- Organize once a month activity
- Film day
- Provide health service information (flu shot location and dates)
- Provide information on insurance for seniors
- Provide information on fraud/ senior abuse
- Creating a newspaper by seniors
- Organize a buddy system for seniors to talk
- Physical recreation and indoor activities (card games)
- Providing transportation
- Create a senior home - Long term