

**Livin' Laughin'
and Lovin' Life!**

**FREE
COPY**

Join Senior Scope on:



LinkedIn

Vol. 16 No. 9
Mar. 7 - Mar. 27/18

USEFUL & ENTERTAINING INFORMATION FOR AGES 40 PLUS

Sri Lankan 55+ Group Winter Lunch and Movie Event

By Senaka Samarasinghe

The 55+ Group of the Sri Lankan Association of Manitoba (SLAM) is conducting annually a winter event. SLAM is the umbrella organization and 55+ Group is part of the main Organization. On March 4th Sunday 2018, they had their second winter get together in Charisma of India restaurant with buffet lunch followed by a Sinhala movie with English subtitles. Annually 55+ Group arranged many episodes for recreation and educational. This was the recreation moment for the members. Total participants were more than thirty. It is important to note the numbers are increasing in membership as well as participants for this type of an event. Reason of this improvement is that the President and the Board of



Members of the 55+ Group of the Sri Lankan Assoc. of Manitoba (SLAM).

Directors of 55+ Group timely offer most appropriate activity though the continuous consultative process among its membership. Some members were in Winnipeg for few decades and it was a fantastic opportunity for them to meet up in one location.

Group enjoyed Indian food as their lunch and enjoyed the movie. Sarigama is a 2016 Sinhala movie with English sub titles. Maria (Pooja) an Indian - Sri Lankan actress is young and beautiful music loving girl enters a convent with the intention of becoming a Christian nun.

The group decided to have summer event in a park. On that day they wanted to conduct the Annual General Meeting as well. ■